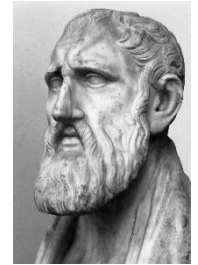
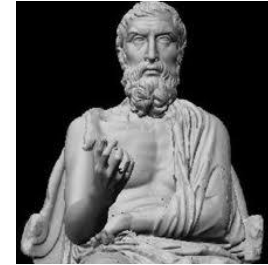


Philosophy Breakfast. Ancient Comfort. (‘Have you not been well entertained?’)

An online course with Nicholas Joll



Part I Stoicism

1	‘Physics’	Saturday January 23 rd 2021	11:00–12:30
2	Ethics	Saturday January 30 th 2021	11:00–12:30
3	Ethics (again) and politics	Saturday February 6 th 2021	11:00–12:30
4	God and fate	Saturday February 13 th 2021	11:00–12:30
5	Logic	Saturday February 20 th 2021	11:00–12:30

Part II Epicureanism

6	‘Physics’	Saturday <i>February 27th</i> 2021	11:00–12:30
7	Ethics	Saturday March 6 th 2021	11:00–12:30
8	Religion	Saturday March 13 th 2021	11:00–12:30
9	Death	Saturday March 20 th 2021	11:00–12:30
10	Epicureans versus Stoics?	Saturday March 27 th 2021	11:00–12:30

Details



Material. Stoicism and Epicureanism belong to so-called Hellenistic philosophy. (So does Scepticism, but not Cynicism, which was earlier; and some Stoics lived later than the Hellenistic period.) The chief concern of Stoics and Epicureans alike was how to live. Yet, partly by way of that question, they considered also physical and metaphysical matters, as well as logic.

Book. Perhaps the best book to accompany this course is John Sellars, *Hellenistic Philosophy*, Oxford UP, 2018 (ISBN-10 0199674124). On the Stoics, one might see *The Stoics* by F. H. Sandbach. There is also *Hellenistic Philosophy: Introductory Readings*, trans. Inwood and Gerson. There are some forty pages of relevant material in the highly accessible *The Story of Philosophy: A History of Western Thought* (Quercus, ISBN-10 9781780877532) by Garvey and Stangroom.

Handouts. I will provide handouts in advance of each session. It will help to have looked at the relevant handout(s) before the start of each session. For each session – but perhaps only after the session – I will provide a list of optional reading (and, sometimes, listening and/or watching).

Virtuality. All sessions will be conducted via *Zoom*. So, you will need: a computer (or at least a tablet); a webcam and microphone (laptops and tablets tend to have those things built in, as do some desktop PCs, and external webcams tend to include microphones); a half-decent Internet connection; and an environment that is relatively quiet. (Computer operating system does not matter. Nor do you need a powerful or an especially modern device. Nor need you pay money to Zoom. I do recommend that you use a wired Internet connection or at the least be near your router.) Also, for security, you must set your Zoom name to something that tells me who you are. I recommend using your actual name or your first name and the first letter of your surname. *Any failure on that front will delay our sessions*. Thank you for your understanding. (I will not compromise on security.) The virtual nature of the proceedings does mean, of course, that there will be no breakfast; but the first ten minutes or so of each session will give you some time to eat your own!

Cost & booking. The costs is £45 per person for each half of the course (which is £6 per hour) or £80 for the full ten-week course. Registration and payment will be via *Wivenhoe Bookshop* (23 High Street Wivenhoe, CO7 9BE; 01206 824050; wiven.book@zetnet.co.uk). One must register and, ideally, pay, in advance of each part of the course. Numbers are limited to thirteen participants.